

Junior Development

The following criteria is for selection into Junior Development.

Junior Development has been developed to provide a transitional opportunity for swimmers from Training Academy aiming towards KAL Swim Performance. KSP coaches identified a need to have an opportunity to coach and observe swimmers in a more focused environment prior to any selection to KSP.

The session also provides the swimmers and parents with a staged approach towards the commitment of competitive swimming, training and understanding of the pathway.

KSP coaches will select swimmers from the Training academy events, we would encourage coaches of Training Academy sessions to submit a list of potential swimmers to KSP 1 month prior to events, this will provide the opportunity for the coaches to review the following:

Criteria

- Application of skills across 3 or more strokes
- Completion of Stage 5 on the Swim England Learn to Swim Framework (i.e. Stage 6 and above)
- Attendance - minimum 80% attendance 3 months prior to TA gala
- Training two sessions per week in Training Academy sessions weekly preferred (this would be a criteria once selected to Junior Development)
- Attitude & Behaviour
- Commitment

Selection

KSP coaches will select swimmers on the recommendations from the Training Academy coaches, this will be reviewed against the learn 2 attendance monitoring and observation at the event.

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Swimmers will be invited to attend an additional session on a Saturday morning at HLC, the programme will consist of both swimmer and parent communications, pool training and observing other squads to gain a clear understanding of the commitment and programme required.

Swimmers will be selected to transition individually; Junior Development does not automatically secure a place in KSP. KSP coaches will review each swimmer and provide the swimmer and parent with the most suitable pathway.