GROUP VIRTUAL TIMETABLE

Batley Sports & Tennis Centre / September 2026

6am –

MORNING

12pm –

AFTERNOON

4pm –

EVENING

9pm –

Monday

- STUDIO 2 — LesMills THE TRIP — 6:45am - 7:30am
- STUDIO 2 — LesMills BODYPUMP — 9:15am - 10:00am
- STUDIO 2 — LesMills CORE — 12:30pm - 1:00pm
- STUDIO 2 — ON DEMAND — 1:15pm - 2:45pm
- STUDIO 2 — LesMills BODYCOMBAT — 4:45pm - 5:30pm
- STUDIO 2 — ON DEMAND — 7:30pm - 9:00pm

Tuesday

- STUDIO 2 — LesMills BODYCOMBAT — 6:45am - 7:30am
- STUDIO 2 — LesMills BODYBALANCE — 7:30am - 8:15am
- STUDIO 2 — LesMills RPM EXP — 9:15am - 9:45am
- STUDIO 2 — LesMills GRIT | STRENGTH — 10:15am - 10:45am
- STUDIO 2 — ON DEMAND — 11:00am - 4:30pm
- STUDIO 2 — LesMills BODYPUMP — 4:30pm - 5:15pm
- STUDIO 2 — LesMills BODYCOMBAT — 6:45pm - 7:30pm
- STUDIO 2 — LesMills sprint — 8:00pm - 8:30pm

Wednesday

- STUDIO 2 — LesMills sprint — 6:45am - 7:15am
- STUDIO 2 — ON DEMAND — 7:30am - 09:00am
- STUDIO 2 — LesMills BODYPUMP — 12:00pm - 12:45pm
- STUDIO 2 — LesMills BODYCOMBAT — 1:00pm - 1:45pm
- STUDIO 2 — ON DEMAND — 2:00pm - 5:00pm
- STUDIO 2 — LesMills BODYPUMP — 5:30pm - 6:15pm
- STUDIO 2 — ON DEMAND — 7:30pm - 9:00pm

Thursday

- STUDIO 2 — ON DEMAND — 6:45am - 9:15am
- STUDIO 2 — LesMills RPM EXP — 12:00pm - 12:30pm
- STUDIO 2 — ON DEMAND — 2:30pm - 6:30pm
- STUDIO 2 — ON DEMAND — 7:45pm - 9:00pm

Friday

- STUDIO 2 — LesMills RPM — 7:00am - 7:45am
- STUDIO 2 — ON DEMAND — 7:45am - 10:00am
- STUDIO 2 — ON DEMAND — 2:00pm - 5:00pm
- STUDIO 2 — LesMills BODYATTACK EXP — 5:00pm - 5:30pm
- STUDIO 2 — LesMills RPM — 6:45pm - 7:30pm
- STUDIO 2 — ON DEMAND — 7:45pm - 9:00pm

Saturday

- STUDIO 2 — LesMills BODYATTACK — 8:00am - 8:45am
- STUDIO 2 — ON DEMAND — 8:45am - 10:00am
- STUDIO 2 — ON DEMAND — 11:30am - 2:00pm
- STUDIO 2 — ON DEMAND — 2:30pm - 5:00pm

Sunday

- STUDIO 2 — LesMills BODYCOMBAT — 9:30am - 10:15am
- STUDIO 2 — LesMills BODYPUMP — 10:30am - 11:30am
- STUDIO 2 — LesMills CORE — 11:30am - 12:00pm
- STUDIO 2 — ON DEMAND — 12:00pm - 5:00pm

= Cycle On Demand
= Studio On Demand
EXP = Express Class

KAL